

VPM's B.N. BANDODKAR COLLEGE OF SCIENCE (AUTONOMOUS), THANE(W)

NATIONAL SERVICE SCHEME

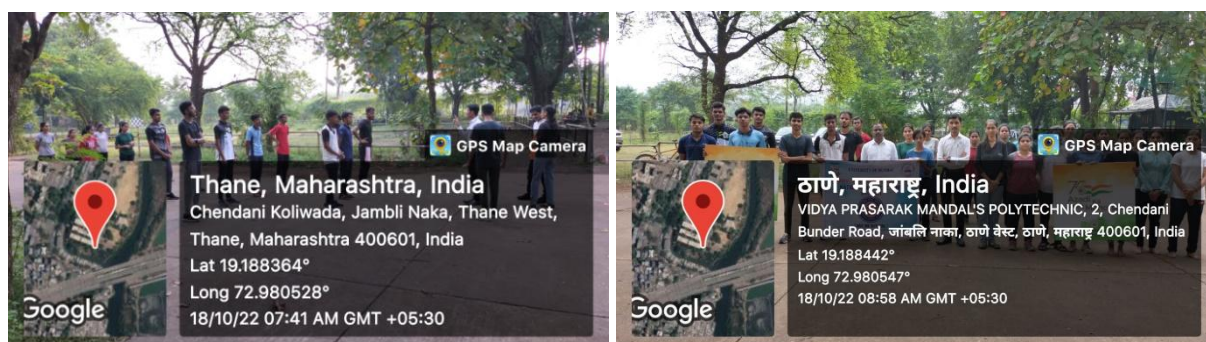
ACTIVITY CODE: - 34NSS/10/2022

Name of activity	FIT INDIA CAMPAIGN 3.0
Objectives of the activity (Maximum 40 words)	The goal of the Fit India programme was to encourage people to incorporate fitness activities such as running and sports into their daily lives and to rid themselves of obesity, laziness, stress, anxiety, disease, and so on.
Beneficiary	
Organizing department/s	NSS unit of B.N. Bandodkar college of Science (Autonomous)
Collaborative institute	
Date (DD / MM / YYYY)	18/10/2022
venue	VPM's B.N. Bandodkar College of Science (Autonomous), Thane
Mode	Offline
Details of Resource person (name, designation, institution)	-
Key Participants	Dr. Pralhad Wagh (NSS PROGRAMME OFFICER)
Remarkable outcomes/ key take-away messages (max. three)	<ul style="list-style-type: none">Through various activities such as 100-metre run, yoga, meditation, the importance of fitness was explained.
Details of participants	
Total Number	24
Outsiders	
In-house	
	Faculty members: 03 student: 21
	Male:- female:- others:
Additional information	Duration of event competition is 07:00am to 10:00pm.

	Total NSS VOLUNTEERS: -29
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Name of Coordinator/ teacher in-charge: Dr. Ujjwala Gokhe (NSS PROGRAMME OFFICER), Dr. Pralhad Wagh (NSS Programme Officer)

Two Geo tagged photos:



Graphical representation of feed-back

